



# NEWSLETTER



## AN UPDATE FROM CHRISTINE WARREN, RMNR DIRECTOR

We are having another BUSY year! We have placed 18 Newfs so far this year, and the busy season has just begun. Right now we have 6 Newfs in foster care. So many are being surrendered because of the economy. The rescue is also experiencing tough times; we are very low on adoptions and a lot of money has been going out to care for Newfs who have been with us for months and also for a few with medical issues that need extra care. So this is draining our checking account. I am looking for

ideas and actions from our RMNR family to help find a way to raise money so we can keep helping Newfs in need. If you have any ideas, or you want to just go out and make it happen, I am up for it all... Please let me know how I can help you!!!! I look forward to getting updates on all of our forever homes and their Newf(s) they have adopted from us. Please keep in touch and send updates and pictures. We love them all. Christine

### A Busy Summer and Fall!

1) We have fostered 10 Newfs with our foster families since the last newsletter!

2) We have also placed 10 Newfs into Forever Homes, including 7 adults and 3 puppies.

3) We have worked with foster families and placed dogs in Montana, Texas, California, Colorado and Utah. We are still selling RMNR Tee-shirts (and have some more so please buy one or more! They are only \$15). And--We have RMNR Grocery bags left so please buy a few to load up your holiday grocery shopping! They are only \$4 [newfrescue@yahoo.com](mailto:newfrescue@yahoo.com)



## FOSTERED NEWFS LOOKING FOR THEIR FOREVER HOME!

There continues to be a steady stream of Newfs in need of foster care and forever homes with families who will love them and provide the care, training and nurturing they need. Many of the Newfs come to us have a long history of neglect, are overcoming health issues, and/or are in need of training and consistent routines.

Here are 3 of the Newfs that just came to RMNR. You can see all the Newfs that are currently in foster care and available for adoption at the RMNR website and RMNR's page at Pet-Finder.com:

<http://www.rockymtnnewfrescue.org/Available-Adoptions.html>

<http://www.pet-finder.com> --Go to the main page—then under the “Find Animal Welfare Groups” on the left side, type in Rocky Mountain Newfoundland Rescue under “Group Name.”

### PUMPKIN WAFERS DOG TREAT RECIPE

#### Ingredients:

- One 15 oz. can mashed pure pumpkin (NOT the spiced pie filling)
- 3/4 cup Cream of wheat (or rice cereal if wheat-sensitive) You can mix this dry--no need to cook it first
- 1/2 cup dry powdered milk

Directions: Preheat oven to 300 F.

Mix all ingredients together. Drop small spoonfuls (I use about half of a tablespoon) onto a lightly greased cookie sheet and bake at 300 degrees for 15-20 minutes.

If you'd like to make bite sized cookies for small dogs, training rewards or just small treats, you can use a pastry bag and squeeze out rosettes about the size of a dime for tasty bite sized cookies!

Depending on the size, this recipe will make around 20 treats. From: <http://www.all-natural-dog-treat.com/dogtreatrecipe.html>

### HOW YOU CAN HELP RMNR!!!

We appreciate all the help we have received! Thank you! We continue to need volunteers to become Foster Parents. We need help with transporting Newfs in Colorado and sometimes neighboring states. We gladly accept donations of food, leashes, collars, bowls, toys and other items. Monetary donations are greatly appreciated and are tax-deductible! Please contact Christine at: [newfrescue@yahoo.com](mailto:newfrescue@yahoo.com)



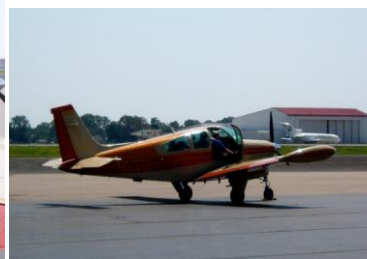
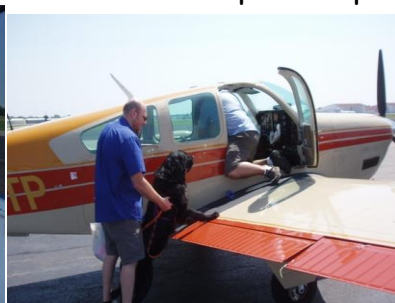
## RMNR NEWFS IN THEIR FOREVER HOMES

Tucker

Remember Tucker from the April Newsletter?  
Look him now! He lives with Chance, another RMNR Newf!



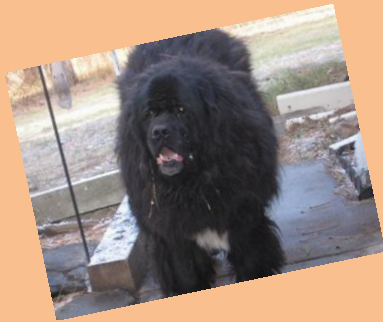
One Newf recently found his way to his Forever Home by private plane!  
A Labrador rescue group in Oklahoma contacted RMNR about Otis, a Newf they became aware of. A friend of the family adopting him offered to fly him from Oklahoma to Colorado in his private plane!





### Dolly and Porter

If there was ever a perfect example of "a picture is worth a thousand words," these photos of Dolly and Porter are it. They were adopted by their foster parent who gave them a Forever Home where they will stay together for the rest of their lives!



To learn more about becoming a foster family for a RMNR Newf, send an email to [newfrescue@yahoo.com](mailto:newfrescue@yahoo.com)



## Health and Our News

One focus of this RMNR newsletter is health. Obviously this topic is enormous. Here we have listed links to some web sites, as well as a brief list books and a journal addressing health issues from traditional, Western approaches, as well as from alternative, holistic approaches. The intent of this list is to give the reader some resources to explore various approaches to health care. The following page is an article about Gastric Dilation-Volvulus (Bloat), kindly contributed by the veterinarian for a RMNR foster family.

### Websites:

American Holistic Veterinary Medical Association Web Site:

[www.ahvma.org](http://www.ahvma.org)

International Association of Animal Massage & Bodywork / Association of Canine Water Therapy:

<http://www.iaamb.org/home.php>

International Veterinary Acupuncture Society:

<http://www.ivas.org/AboutIVAS/tabid/82/Default.aspx>

The Academy of Veterinary Homeopathy:

<http://www.theavh.org/>

Veterinary Partner.com

<http://www.veterinarypartner.com/Content.plx>

American Veterinary Medical Association:

<http://www.avma.org/>

International Association of Animal Behavior Consultants:

<http://iaabc.org/dog>

### Books and Journals:

Four Paws, Five Directions: A Guide to Chinese Medicine for Cats and Dogs  
(Cheryl Schwarts, DVM)

Homeopathic Care for Cats and Dogs: Small Doses for Small Animals  
(Don Hamilton, DVM)



## How to Prevent Bloat

Contributed by Jeffrey Steen, Alameda East Animal Hospital, Denver, CO

Most pet lovers have heard the term bloat, the lay term for gastric dilatation-volvulus or GDV. GDV occurs when the stomach bloats and twists trapping gas, food and fluid in the stomach. With no place for the stomach contents to go, the stomach continues to distend causing major problems to surrounding organs. Dogs with bloat quickly go into shock and will die in a matter of hours unless emergency surgery is performed to untwist the stomach.

The most commonly seen symptoms of bloat include a distended abdomen, a nonproductive retch or vomit, pale gums, lethargy and severe abdominal pain. If you see these symptoms in your dog you should immediately head for your nearest emergency veterinary hospital.

Bloat is one of the most common emergencies encountered. Studies done at Purdue University by Dr. Glickman and his colleagues have shown an incidence rate of 22% in large breed dogs and 24 % in giant breeds. The rate is highest in Great Danes at 42%, meaning nearly half of all Great Danes will bloat at some point in their lives.

Risk factors for bloat include:

- Dogs with deep narrow chests including the Great Dane, Bloodhound, standard Poodle, Irish wolfhound, German Shepherd, Irish setter, Akita, Boxer, Collie, Newfoundland, Rottweiler, Saint Bernard, Weimeraner and any mixed breed dog with a deep narrow chest.
- Lean dogs and older dogs are at higher risk
- Dogs with relatives that have had GDV are at higher risk
- Dogs that eat fast and those that eat from elevated feeding bowls are at higher risk
- Nervous, fearful and aggressive dogs are at higher risk
- Dogs fed dry food only and fed once daily are at higher risk

The only tried and true way to prevent bloat from occurring is to surgically attach the stomach to the inside of the abdominal wall to prevent twisting from occurring. This procedure is called a gastropexy and is a relatively easy and straightforward procedure. Many veterinarians can perform this procedure at the same time your pet is spayed or neutered.

A minimally invasive procedure utilizing a laparoscope to perform a gastropexy is now commonly performed at many veterinary hospitals across the country. With the laparoscopic assisted gastropexy, several small incisions are made to attach the stomach to the abdomen. The procedure takes about 30 minutes, complications are rare and your pet is back on their feet in no time since the incisions are so small. Female dogs can even be spayed or “fixed” with this minimally invasive surgery at the same time.

For more information about gastropexies, contact your veterinarian. This simple procedure may end up saving your friend’s life and will definitely give you peace of mind.

*Thank you, Diane K., for collaborating with Dr. Steen and sending the newsletter this article!*